

 SEARCH

## THE AUSTERITY KITCHEN BY CHRISTINE BAUMGARTHUBER

Where the alimentary is elementary.



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[CHRISTINE BAUMGARTHUBER](#)

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“Peter Piper picked a peck of pickled peppers,” he announced, glibly”—Page 7

“You remember what I told you about old stagers, and the roast beef diet? Well, that applies right through life. It’s all very well to trifle with the little side-dishes at first, but there comes a time when you’ve got to quit fooling with the minced chicken, and the imitation lamb chops of this world, and settle down to plain, everyday, roast beef, medium.” — Edna Ferber, *Roast Beef Medium: The Business Adventures of Emma McChesney* (1913)



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Illustration from Edna Ferber’s *Roast Beef Medium: The Business Adventures of Emma McChesney* (1913)